

ESSE NEWS JULY 2009



JULY BIRTHDAYS

MARIE C. 10th 101 YEARS OLD!!!!

Ella J. 16th Virginia E 19th

Harold L. 19th Amparo O. 21st.

SAVE THE DATE! ESSE will host a fundraiser at **Stir Crazy Fresh Asian Grill** in Warrenville on **Wednesday, July 8th**. Please join us for lunch or dinner. Their food and drinks are delicious. Mention ESSE and 25% of your purchase will be donated to support our mission!

THANK YOU! We are grateful to the **Wheaton Jr. Women's Club** for their generous donation.

We are blessed by **First United Methodist Church of Glen Ellyn** for the delicious treats and great volunteers at our Glen Ellyn ESSE Center. **Bill Anderson** did a fantastic job of coordinating the donations and volunteers!

FEELING OVERWHELMED? Join us on **Thursday, July 17th** to exchange ideas, learn new tips and gain support as you care for a loved one! If you let the stress of caregiving progress to burnout, it can damage both your physical and mental health. It's essential that you get support you need. 3:00 - 4:30 p.m. at 515 S. Wheaton Ave. in St. Paul Lutheran Church. Please call Nancie or Cathy at 630-260-3773 if you or anyone else plan to attend. **Refreshments will be served!**

Dr. Zimmerman, our visiting podiatrist will be seeing clients at our centers on **Friday, July 17th**. Please speak to a staff member if you would like your loved one to be seen. Dr. Zimmerman accepts medicare and supplemental insurance.

Please note, **ESSE will be closed on Friday, July 3rd** in observance of Independence Day. We hope everyone has a safe, fun weekend!

Wednesday, July 15th is Picnic Day. We will enjoy our lunches outdoors, weather permitting. Wear comfy clothes!

*They that can give up essential liberty
To obtain a little temporary safety
Deserve neither liberty nor safety.
Where liberty dwells, there is my country.*

HAPPY 4th!!



DAILY

11:00 Theme of Day

12:00 Lunch

3:00 Snack

**Wheaton South
ESSE CENTER**

JULY 2009

www.ESSEAdultdaycare.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		9:00 Current Events 1 10:00 Exercise 11:00 Ice Cream! 11:30 Word Scramble 1:00 Poetry 1:30 Artist Workshop 3:30 Shuffleboard 4:00 Small Group Time 4:30 Reminisce Cube	9:00 Current Events 2 10:00 Exercise 11:00 Celebrate 4th! 11:30 Devotion/Girls Group 1:00 Piano w/Ann 2:00 Roll 6's 2:30 Floor Basketball 3:30 Scattagories 4:30 Sensory Scents	HAPPY 4th ESSE CLOSED 
	9:00 Current Events 6 10:00 Exercise 11:00 1930's 11:30 Word Search 1:00 Poetry 1:30:Music Appreciation 2:00 Pokeno 3:30 Golf 4:30 Reminisce	9:00 Current Events 7 10:00 Exercise 11:00 Running of Bulls 11:30 Giant Crossword 1:00 Devotion 1:30 Trivia 2:00 Craft 3:30 Ring Toss 4:00 Reminisce	9:00 Current Events 8 10:00 Exercise 11:00 Baseball 11:30 Password 1:00 Poetry 1:30 Artist Workshop 3:30 Bowling 4:00 Small Group Time 4:30 Reminisce Cube	9:00 Current Events 9 10:00 Exercise 11:00 Butterflies 11:30 Devotion/Girls Group 1:00 20 Questions 1:30 Balloon Volleyball 2:30 Cooking Class 3:30 Small Groups 4:30 Sensory Bag
9:00 Current Events 13 10:00 Exercise 11:00 Puzzles 11:30 Health Checks 1:00 Poetry 1:30 Music Appreciation 2:00 Bingo 3:30 Target Toss 4:30 Reminisce Cube	9:00 Current Events 14 10:00 Exercise 11:00 Painting 11:30 Sensory Scents 1:00 Devotion 1:30 Ti Chi 2:00 Paint 4:00 Small Group Time 4:30 Montessori Mix-Up	9:00 Current Events 15 10:00 Exercise 11:00 Picnic 11:30 A-Z picnic foods 1:00 Poetry 1:30 Artist Workshop 3:30 Parachute Games 4:00 Reminisce 4:30 Sensory Bag	9:00 Current Events 16 10:00 Exercise 11:00 Laugh! 11:30 Flip it Cards 1:00 Piano w/Ann 2:00 Balloon Tennis 3:30 Name 3 Kinds Ball 4:00 Small Groups 4:30 Reminisce	9:00 Current Events 17 10:00 Exercise 11:00 Disneyland 11:30 Scattagories 1:00 Poetry 1:30 Sensory Taste 2:00 Manicures/Spa 3:30 Small Group Time 4:30 Montessori Mix-Up
9:00 Current Events 20 10:00 Exercise 11:00 Moon Walk 11:30 Ti Chi 1:00 Poetry 1:30 Music Appreciation 2:00 Target Toss 3:30 Small Group Time 4:30 Reminisce	9:00 Current Events 21 10:00 Exercise 11:00 Junk Food 11:30 Sensory Taste 1:00 Devotion 1:30 Craft 2:00 Ring Toss 3:30 Bingo 4:30 Montessori Mix-Up	9:00 Current Events 22 10:00 Exercise 11:00 Hummingbirds 11:30 Bunco 1:00 Poetry 1:30 Artist Workshop 3:30 Bean Bag Toss 4:00 Reminisce 4:30 Sensory Touch	9:00 Current Events 23 10:00 Exercise 11:00 Berries! 11:30 Hangman 1:00 Devotion/Girls Group 1:30 Ti Chi 2:00 Cooking Class 3:30 Small Groups 4:00 Pokeno	9:00 Current Events 24 10:00 Exercise 11:00 Tour de France 11:30 Giant Crossword 1:00 Poetry 1:30 Stretch 2:00 Manicures/Spa 3:30 Small Group Time 4:30 Montessori Mix-Up
9:00 Current Events 27 10:00 Exercise 11:00 Bugs Bunny 11:30 Word Scramble 1:00 Poetry 1:30 Music Appreciation 2:00 Flower Toss 3:30 Small Group Time 4:30 Reminisce	9:00 Current Events 28 10:00 Exercise 11:00 "Ate" 11:30 ate words 1:00 Devotion 1:30 Craft 2:30 Pokeno 3:30 Parachute Games 4:30 Roll 6's	9:00 Current Events 29 10:00 Exercise 11:00 Vacations 11:30 A-Z suitcase stuff 1:00 Poetry 1:30 Artist Workshop 3:30 Flower Toss 4:00 Reminisce 4:30 Name that Song Ball	9:00 Current Events 30 10:00 Exercise 11:00 1948 11:30 Trivia 1:00 Devotion/Girls Group 1:30 Bingo 2:30 Balloon Volleyball 3:30 Small Groups 4:30 Bunco	9:00 Current Events 31 10:00 Exercise 11:00 Lobster Festival 11:30 Words w/Ma 1:00 Poetry 1:30 Sensory Bag 2:00 Manicures/Spa 3:30 Small Group Time 4:30 Montessori Mix-Up

