

ESSE NEWS APRIL 2009



APRIL BIRTHDAYS!

4/7 Chris P.

4/11 K.C.

4/12 Jim B.

4/14 Emma C.

4/16 Donna R.

4/19 Christine L.

4/20 Eileen N.

4/29 Jerry B.

We are grateful to:

ST. JAMES the APOSTLE of Glen Ellyn and ST. PAUL LUTHERAN of Wheaton for the delicious treats and time and talents donated to our Wheaton and Glen Ellyn ESSE sites during March.

DEBRA FAGAN for the Kings Cakes, Jambalaya and decorations to celebrate Mardi Gras!

We have received a donation of **\$12,500** from the success of **Wheaton's 150th Birthday Gala** held in February! Fifteen charities benefited from this event which was held at Arrowhead Golf Clubhouse. Beautiful commemorative cookbooks are available to purchase for \$25. They include a collection of 150 years of Wheaton recipes and memories. Just ask Terre, Nancie, Andrea or Cathy if you would be interested in owning one!

We are blessed to have the support of all these generous people!

FEELING OVERWHELMED? Join us on **Thursday, April 17th** to exchange ideas, learn new tips and gain support as you care for a loved one! If you let the stress of caregiving progress to burnout, it can damage both your physical and mental health. It's essential that you get support you need. **3:00 - 4:30 p.m.** at 515 S. Wheaton Ave. in St. Paul Lutheran Church. Call Nancie or Cathy at (630)260-3773.

DR. ZIMMERMAN, our visiting podiatrist will be at our centers on Friday, May 15th. Medicare and supplemental insurance are accepted. Please talk to a staff member if you would like to have your loved one seen by Dr. Z.

Please note that all **ESSE centers** will be closed on **Friday, April 10th** in observance of Good Friday.

EASTER CELEBRATIONS will be held on **THURSDAY, APRIL 9th**.
Get ready for the egg hunt!

*Make each new morning the opening door
to a better day than the one before.*

