



ESSE NEWS AUGUST 2009

August Birthdays

Mary S.	1st	100 years old!!!!
Ileana R.	9th	Janet B. 11th
John J.	12th	Carol C. 13th
Carol M.	13th	Mary E. 17th
Jelena B.	27th	Jeri B. 28th

THANK YOU! We appreciate the generosity of the members from ST. PETRONILLE CATHOLIC CHURCH of Glen Ellyn. They provided delicious treats and entertainment at our Glen Ellyn ESSE center during July. Pam Siemsen did a fantastic job of organizing all of the volunteers!

We are grateful for the donations made **IN MEMORY OF JOHN KEANE**. John was a well loved member of our Glen Ellyn ESSE and is missed by all.

THANK YOU to ST. John Lutheran Church of Wheaton, Wheaton Christian Reformed Church and Wheaton Bible Church for their continued support of our mission.

THANKS to all who enjoyed a spectacular meal at STIR CRAZY on July 8th! We had a great turn out and are very grateful for the support shown!

PLEASE NOTE. Our St. Paul Wheaton ESSE Center will be closed for construction the 3rd week of August. All families will attend either the Glen Ellyn or Holy Cross centers. Exact dates and more info will follow.

FEELING OVERWHELMED? Please join us on Thursday, August 13th to exchange ideas, learn new tips and gain support as you care for a loved one! If you let the stress of caregiving progress to burnout, it can damage both your physical and mental health. It's essential that you get support you need. 3:00 - 4:30 p.m. at 515 S. Wheaton Ave. in St. Paul Lutheran Church. Please call Nancie or Cathy at 630-260-3773 if you or anyone else plan to attend. Refreshments will be served!

*Good thoughts are beautiful flowers,
Promoting good deeds and making others happy,
Thereby enriching our lives and bringing us happiness.*



DAILY

11:00 Theme of Day

12:00 Lunch

3:00 Snack

**Wheaton South
ESSE CENTER**

AUGUST 2009



www.ESSEAdultdaycare.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 Current Events 3 10:00 Exercise 11:00 Watermelon 11:30 A-Z Fruits 1:00 Poetry 1:30 Music Appreciation 2:00 Bingo 3:30 Horseshoes 4:30 Reminisce	9:00 Current Events 4 10:00 Exercise 11:00 Barack's Bday! 11:30 President Trivia 1:00 Devotion 1:30 Stretch Bands 2:00 Craft 3:30 Ring Toss 4:30 Small Group Time	9:00 Current Events 5 10:00 Exercise 11:00 American Bndstand 11:30 Word Scramble 1:00 Poetry 2:00 Artist Workshop 3:30 Shuffleboard 4:00 Small Group Time 4:30 Reminisce Cube	9:00 Current Events 6 10:00 Exercise 11:00 County Fair 11:30 Hangman 1:00 Piano w/Ann 2:00 Roll 6's 2:30 Floor Basketball 3:30 Scattagories 4:30 Sensory Scents	9:00 Current Events 7 10:00 Exercise 11:00 Pies 11:30 Favorite Pie Fillings 1:00 Poetry 1:30 Sensory Bag 2:00 Movie/Manicures 3:30 Small Group Time 4:30 Montessori Mix-Up
9:00 Current Events 10 10:00 Exercise 11:00 Perfect 10 11:30 Word Search 1:00 Poetry 1:30 Music Appreciation 2:00 Pokeno 3:30 Golf 4:30 Reminisce	9:00 Current Events 11 10:00 Exercise 11:00 Friends 11:30 Giant Crossword 1:00 Devotion 1:30 Trivia 2:00 Roll 6's 3:30 Ring Toss 4:00 Reminisce	9:00 Current Events 12 10:00 Exercise 11:00 Sewing Machine 11:30 Password 1:00 Poetry 1:30 Artist Workshop 3:30 Bowling 4:00 Small Group Time 4:30 Reminisce Cube	9:00 Current Events 13 10:00 Exercise 11:00 Obon Festival 11:30 Devotion/Girls Group 1:00 20 Questions 1:30 Balloon Volleyball 2:30 Cooking Class 3:30 Small Groups 4:30 Sensory Bag	9:00 Current Events 14 10:00 Exercise 11:00 Kool Aid 11:30 Hangman 1:00 Poetry 1:30 Ti Chi 2:00 Movie/Manicures 3:30 Small Group Time 4:30 Montessori Mix-Up
9:00 Current Events 17 10:00 Exercise 11:00 Reminisce 11:30 Health Checks 1:00 Poetry 1:30 Music Appreciation 2:00 Bingo 3:30 Target Toss 4:30 Reminisce Cube	9:00 Current Events 18 10:00 Exercise 11:00 Duncan Hines 11:30 Sensory Scents 1:00 Devotion 1:30 Bean Bag Toss 2:00 Geography Bingo 3:30 Small Group Time 4:30 Montessori Mix-Up	9:00 Current Events 19 10:00 Exercise 11:00 Don Ho's Bday 11:30 Word Scramble 1:00 Poetry 1:30 Artist Workshop 3:30 Parachute Games 4:00 Reminisce 4:30 Sensory Bag	9:00 Current Events 20 10:00 Exercise 11:00 Lemonade 11:30 Devotion/Girls Group 1:00 Piano w/Ann 2:00 Balloon Tennis 3:30 Name 3 Kinds Ball 4:00 Small Groups 4:30 Reminisce	9:00 Current Events 21 10:00 Exercise 11:00 Hawaii 11:30 Scattagories 1:00 Poetry 1:30 Sensory Taste 2:00 Movie/Manicures 3:30 Small Group Time 4:30 Montessori Mix-Up
9:00 Current Events 24 10:00 Exercise 11:00 Barbeque 11:30 Ti Chi 1:00 Poetry 1:30 Music Appreciation 2:00 Target Toss 3:30 Small Group Time 4:30 Reminisce	9:00 Current Events 25 10:00 Exercise 11:00 Wizard of OZ 11:30 Sensory Taste 1:00 Devotion 1:30 Craft 2:00 Cooking Class 3:30 Bingo 4:30 Montessori Mix-Up	9:00 Current Events 26 10:00 Exercise 11:00 Dog Days 11:30 Bunco 1:00 Poetry 1:30 Artist Workshop 3:30 Bean Bag Toss 4:00 Reminisce 4:30 Sensory Touch	9:00 Current Events 27 10:00 Exercise 11:00 Smile! 11:30 Hangman 1:00 Devotion/Girls Group 1:30 Ti Chi 2:00 Ring Toss 3:30 Small Groups 4:00 Pokeno	9:00 Current Events 28 10:00 Exercise 11:00 Bowling 11:30 Giant Crossword 1:00 Poetry 1:30 Bowl 2:00 Movie/Manicures 3:30 Small Group Time 4:30 Montessori Mix-Up
9:00 Current Events 31 10:00 Exercise 11:00 Maria Montessori 11:30 Word Scramble 1:00 Poetry 1:30 Music Appreciation 2:00 Flower Toss 3:30 Small Group Time 4:30 Reminisce				