



MAY BIRTHDAYS!

5/1 Marge B.

5/2 Ann H.

5/2 Tom M.

5/5 Tamara R.

5/11 Joan B.

5/13 Renia W.

5/17 Al B.

5/22 Koke I.

5/28 Viola B.

5/29 Fran B.

5/31 Lydia W.

We are grateful to:

St. Petronille Catholic Church of Glen Ellyn for their donation to ESSE.

Gary Memorial Methodist Church and Lorrie Brand for the delicious treats, time and talents donated to our St. Paul ESSE center during April.

John Potanos and John and Rebecca Keane for their monetary support of our mission. All of you help us continue to serve the seniors in our community!

DR. ZIMMERMAN, our visiting podiatrist will be seeing clients at our centers on **Friday, May 15th**. Please let a staff member know if you would like your loved one to be seen by him. This is a convenient alternative to spending extra time driving to an appointment! Dr. Zimmerman accepts Medicare and supplemental insurance.

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MEMORIAL DAY
★ ★ ★ ★ ★ ★ ★

FEELING OVERWHELMED? Join us on **Thursday, May 25th** to exchange ideas, learn new tips and gain support as you care for a loved one! If you let the stress of caregiving progress to burnout, it can damage both your physical and mental health. It's essential that you get support you need. 3:00-4:30 p.m. at 515 S. Wheaton Ave. in St. Paul Lutheran Church. Please call Nancie or Cathy at 630-260-3773 if you or anyone you know is interested in attending. Refreshments are served!

We will be celebrating **Baseball** on Wednesday May 27th. Wear your favorite team hat or shirt! Play Ball!!!

Please note that all ESSE centers will be **closed Monday, May 25th** in observance of Memorial Day. Have a safe, fun holiday!

*The mother's love - there's none so pure,
So constant, and so kind;
No human passion doth endure like this within the mind.*

HAPPY MOTHER'S DAY!

