



ESSE NEWS OCTOBER 2009

October Birthdays

Shirley S. 3rd

Karen B. 4th

Jack B 11th

Barbara M. 11th

Cathy D. 14th

Merle B. 16th

Juana D. 23rd

Cindy L. 27th



THANK YOU!! We appreciate the generosity of the members at ST. LUKE Lutheran in Glen Ellyn. Sharon Swiglo did a wonderful job of arranging for delicious snacks and talented volunteers at our Faith Glen Ellyn ESSE center.

THANK YOU to First Presbyterian Church of Glen Ellyn for their donation which helps us continue with our mission in the community!

SAVE THE DATE! ESSE's 13th ANNUAL PANCAKE BREAKFAST will be held on NOV 7th at our St. Paul ESSE Center in Wheaton from 7:30 - 11:00 a.m. We will have a raffle and silent auction with items donated by generous local businesses and individuals, including outdoor furniture from Mallin valued at \$10,000! Of course delicious pancakes, sausage, juice and coffee, donated by Butterfield's Restaurant and Brighton Gardens by Sunrise, will be served! Tickets are available from the program managers at \$5 each. Hope to see you there!



Halloween Parties will be held on Friday, October 30th. Wear your costume and join us for fun and games!!



Our next CAREGIVER SUPPORT GROUP will be held on Thursday, October 15th from 3 - 4:30 p.m. at our St. Paul ESSE Center. Please contact Cathy or Nancie if you or someone you know could benefit from sharing the issues of caring for an older adult with others in a similar situation.

DR. ZIMMERMAN, our visiting podiatrist will be at our centers on Friday, Dec. 4th. Please contact a staff person if you would like your loved one to be seen by him. Dr. Zimmerman accepts Medicare and supplemental insurance.



The door of autumn,
Gold on the one side,
Silver on the other--
Let us pass through softly.



DAILY

11:00 Theme of Day

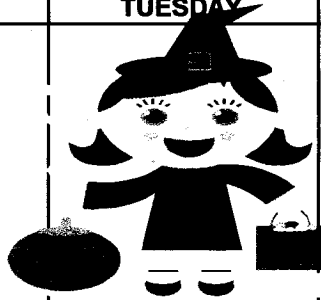
12:00 Lunch

3:00 Snack

WHEATON SOUTH
ESSE CENTER

OCTOBER 2009

www.ESSEAdultdaycare.org



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			9:00 Current Events 1 10:00 Exercise 11:00 Julie Andrews 11:30 Hangman 1:00 Devotion/Girls Group 2:00 Roll 6's 2:30 Floor Basketball 3:30 Scattagories 4:30 Sensory Scents	9:00 Current Events 2 10:00 Exercise 11:00 Charlie Brown 11:30 A-Z Comics 1:00 Poetry 1:30 Sensory Bag 2:00 Movie/Manicures 3:30 Small Group Time 4:30 Montessori Mix-Up
9:00 Word Puzzles 5 10:00 Exercise 11:00 Word Puzzles 11:30 Word Scramble 1:00 Poetry 1:30 Music Appreciation 2:00 Bingo 3:30 Target Toss 4:30 Reminisce Cube	9:00 Current Events 6 10:00 Exercise 11:00 Oscar Winners 11:30 Giant Crossword 1:00 Devotion 1:30 Trivia 2:00 Cooking Class 3:30 Ring Toss 4:00 Reminisce	9:00 Current Events 7 10:00 Exercise 11:00 Max Factor 11:30 Password 1:00 Poetry 1:30 Artist Workshop 3:30 Bowling 4:00 Small Group Time 4:30 Reminisce Cube	9:00 Current Events 8 10:00 Exercise 11:00 Abbott & Costello 11:30 20 Questions 1:00 Devotion/Girls Group 1:30 Ball Toss 2:30 Roll 6's 3:30 Small Groups 4:30 Sensory Bag	9:00 Current Events 9 10:00 Exercise 11:00 Leif Erikson 11:30 Password 1:00 Poetry 1:30 Ti Chi 2:00 Movie/Manicures 3:30 Small Group Time 4:30 Montessori Mix-Up
9:00 Current Events 12 10:00 Exercise 11:00 Columbus Day 11:30 Health Checks 1:00 Poetry 1:30 Music Appreciation 2:00 Bingo 3:30 Target Toss 4:30 Reminisce Cube	9:00 Current Events 13 10:00 Exercise 11:00 Weather Lore 11:30 Sensory Scents 1:00 Devotion 1:30 Bean Bag Toss 2:00 Geography Bingo 3:30 Small Group Time 4:30 Montessori Mix-Up	9:00 Current Events 14 10:00 Exercise 11:00 Popcorn 11:30 Word Scramble 1:00 Poetry 1:30 Artist Workshop 3:30 Parachute Games 4:00 Reminisce 4:30 Sensory Bag	9:00 Current Events 15 10:00 Exercise 11:00 Gourmet Coffee 11:30 Flip it Cards 1:00 Devotion/Girls Group 2:00 Balloon Tennis 3:30 States Bingo 4:00 Small Groups 4:30 Reminisce	9:00 Current Events 16 10:00 Exercise 11:00 Dictionary Day 11:30 Wacky Definitions 1:00 Poetry 1:30 Sensory Taste 2:00 Movie/Manicures 3:30 Small Group Time 4:30 Montessori Mix-Up
9:00 Current Events 19 10:00 Exercise 11:00 Chili 11:30 Ti Chi 1:00 Poetry 1:30 Music Appreciation 2:00 Pokeno 3:30 Golf 4:30 Reminisce	9:00 Current Events 20 10:00 Exercise 11:00 Ntl. Fruit Day 11:30 Sensory Taste 1:00 Devotion 1:30 Craft 2:00 Cooking Class 3:30 Bingo 4:30 Montessori Mix-Up	9:00 Current Events 21 10:00 Exercise 11:00 Nutty Squirrels 11:30 Bunco 1:00 Poetry 1:30 Artist Workshop 3:30 Bean Bag Toss 4:00 Reminisce 4:30 Sensory Touch	9:00 Current Events 22 10:00 Exercise 11:00 Cookies! 11:30 Hangman 1:00 Devotion/Girls Group 1:30 Ti Chi 2:00 Ring Toss 3:30 Small Groups 4:00 Pokeno	9:00 Current Events 23 10:00 Exercise 11:00 United Nations 11:30 President Trivia 1:00 Poetry 1:30 Bowl 2:00 Movie/Manicures 3:30 Small Group Time 4:30 Montessori Mix-Up
9:00 Current Events 26 10:00 Exercise 11:00 Wildlife 11:30 Word Scramble 1:00 Poetry 1:30 Music Appreciation 2:00 Flower Toss 3:30 Small Group Time 4:30 Reminisce	9:00 Current Events 27 10:00 Exercise 11:00 Proverbs 11:30 Trivia 1:00 Devotion 1:30 Craft 2:00 Balloon Tennis 3:30 Bunco 4:30 Reminisce	9:00 Current Events 28 10:00 Exercise 11:00 Lead Pencils 11:30 Word Search 1:00 Poetry 1:30 Artist Workshop 3:30 Shuffleboard 4:00 Small Group Time 4:30 Sensory Taste	9:00 Current Events 29 10:00 Exercise 11:00 Candy Corn Day 11:30 Candy A-Z 1:00 Devotion/Girls Group 1:30 Soups On! 2:30 Trivia 3:30 Target Toss 4:30 Small Group Time	9:00 Current Events 30 10:00 Exercise 11:00 Halloween!! 11:30 Words w/ee 1:00 Poetry 1:30 Ball Toss 2:00 PARTY!!! 3:30 Small Group Time 4:30 Montessori Mix-Up