



ESSE NEWS SEPTEMBER 2009

September Birthdays

Tony W., 1st Vera C., 2nd

Gwen J., 7th Ruth M., 11th Tracy B., 17th

Alyce W., 18th Ed N., 22nd Eleanor C., 27th Frank P., 30th

THANK YOU! We are grateful to the members of **FIRST UNITED METHODIST CHURCH** of Glen Ellyn for their donation.

The **FIFTH GRADERS** from **ST. JOHN LUTHERAN SCHOOL** in **WHEATON** contributed to help us continue with our mission! We are blessed to be supported by these generous individuals!!

DR. ZIMMERMAN, our visiting podiatrist will be at our centers on Friday, Sept. 25th. Please talk to a staff member if you would like your loved one to be seen by him. Dr. Zimmerman accepts medicare and supplemental insurance.

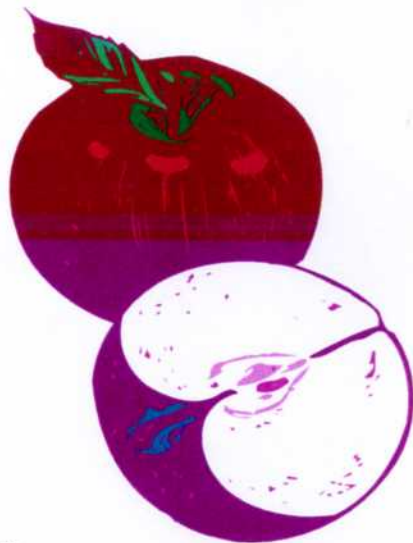
The next **CAREGIVER SUPPORT GROUP** will be held on Thursday, Sept. 17th from 3:00 to 4:30 p.m. at our St. Paul ESSE center. Please call Cathy or Nancie at 630-260-3773 if you plan to attend.

SAVE THE DATE!! We will hold our **13th Annual Pancake Breakfast** on Saturday, November 7th from 7:30 - 11:00 a.m. at our St. Paul ESSE Center. Don't miss the raffle and silent auction! Tickets will be available soon from the managers at our 3 centers.

PLEASE NOTE! ESSE will be closed on Monday, Sept. 7th in honor of Labor Day. We hope everyone enjoys the 3 day weekend!!

The time has come to harvest all
The fields of golden grain,
God's bounty overflowing
From every fertile plain.

The haystacks now are ready;
In rows the bundles stand,
Awaiting farmers' wagons.
God bless this fruitful land!



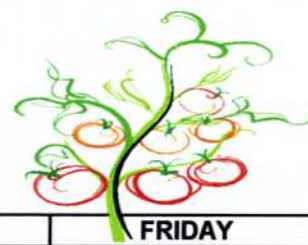
DAILY

11:00 Theme of Day

12:00 Lunch

3:00 Snack

WHEATON SOUTH
ESSE CENTER



www.ESSEAdultdaycare.org

SEPTEMBER 2009

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | 9:00 Current Events 1 10:00 Exercise 11:00 Poetry 11:30 Poet Pairs 1:00 Devotion 1:30 Stretch Bands 2:00 Craft 3:30 Ring Toss 4:30 Small Group Time | 9:00 Current Events 2 10:00 Exercise 11:00 1950 11:30 Word Scramble 1:00 Poetry 2:00 Artist Workshop 3:30 Shuffleboard 4:00 Small Group Time 4:30 Reminisce Cube | 9:00 Current Events 3 10:00 Exercise 11:00 Sweet Corn 11:30 Hangman 1:00 Devotion/Girls Group 2:00 Roll 6's 2:30 Floor Basketball 3:30 Scattagories 4:30 Sensory Scents | 9:00 Current Events 4 10:00 Exercise 11:00 Marshmallows 11:30 Words w/LL 1:00 Poetry 1:30 Sensory Bag 2:00 Movie/Manicures 3:30 Small Group Time 4:30 Montessori Mix-Up |
| 7 | 9:00 Current Events 8 10:00 Exercise 11:00 Star Trek 11:30 Giant Crossword 1:00 Devotion 1:30 Trivia 2:00 Cooking Class 3:30 Ring Toss 4:00 Reminisce | 9:00 Current Events 9 10:00 Exercise 11:00 Teddy Bears 11:30 Password 1:00 Poetry 1:30 Artist Workshop 3:30 Bowling 4:00 Small Group Time 4:30 Reminisce Cube | 9:00 Current Events 10 10:00 Exercise 11:00 Roger Maris 11:30 20 Questions 1:00 Devotion/Girls Group 1:30 Ball Toss 2:30 Roll 6's 3:30 Small Groups 4:30 Sensory Bag | 9:00 Current Events 11 10:00 Exercise 11:00 Popcorn 11:30 Word Scramble 1:00 Poetry 1:30 Ti Chi 2:00 Movie/Manicures 3:30 Small Group Time 4:30 Montessori Mix-Up |
| 14 | 9:00 Current Events 15 10:00 Exercise 11:00 Grandparents 11:30 Health Checks 1:00 Poetry 1:30 Music Appreciation 2:00 Bingo 3:30 Target Toss 4:30 Reminisce Cube | 9:00 Current Events 16 10:00 Exercise 11:00 Pumpkin Festival 11:30 Word Scramble 1:00 Poetry 1:30 Artist Workshop 3:30 Parachute Games 4:00 Reminisce 4:30 Sensory Bag | 9:00 Current Events 17 10:00 Exercise 11:00 Citizenship Day 11:30 Flip it Cards 1:00 Devotion/Girls Group 2:00 Balloon Tennis 3:30 States Bingo 4:00 Small Groups 4:30 Reminisce | 9:00 Current Events 18 10:00 Exercise 11:00 RCA Victor 11:30 Password 1:00 Poetry 1:30 Sensory Taste 2:00 Movie/Manicures 3:30 Small Group Time 4:30 Montessori Mix-Up |
| 21 | 9:00 Current Events 22 10:00 Exercise 11:00 Miniature Golf 11:30 Ti Chi 1:00 Poetry 1:30 Music Appreciation 2:00 Bingo 3:30 Golf 4:30 Reminisce | 9:00 Current Events 23 10:00 Exercise 11:00 Checkers 11:30 Bunco 1:00 Poetry 1:30 Artist Workshop 3:30 Bean Bag Toss 4:00 Reminisce 4:30 Sensory Touch | 9:00 Current Events 24 10:00 Exercise 11:00 School Days 11:30 Hangman 1:00 Devotion/Girls Group 1:30 Ti Chi 2:00 Ring Toss 3:30 Small Groups 4:00 Pokeno | 9:00 Current Events 25 10:00 Exercise 11:00 Comic Books 11:30 Giant Crossword 1:00 Poetry 1:30 Bowl 2:00 Movie/Manicures 3:30 Small Group Time 4:30 Montessori Mix-Up |
| 28 | 9:00 Current Events 29 10:00 Exercise 11:00 Honey 11:30 Word Scramble 1:00 Poetry 1:30 Music Appreciation 2:00 Flower Toss 3:30 Small Group Time 4:30 Reminisce | 9:00 Current Events 30 10:00 Exercise 11:00 Wrigley Gum 11:30 Word Search 1:00 Poetry 1:30 Artist Workshop 3:30 Shuffleboard 4:00 Small Group Time 4:30 Sensory Taste | | |